

Pine + Ginger

Respiratory Support

- Acts as a natural decongestant and expectorant—used traditionally to ease coughs, bronchitis, and congestion.
- Traditionally used to support the body's natural detox processes, particularly in the liver and lymphatic system.

- Powerful Anti-Inflammatory

Gingerol, the main bioactive compound in Ginger, helps reduce inflammation in the body—beneficial for joint pain, arthritis, and chronic inflammation.

- Digestive Aid

Stimulates saliva, bile, and digestive enzymes, helping ease bloating, nausea, gas, and indigestion.

- Relieves Nausea

Widely known to alleviate nausea from motion sickness, pregnancy (morning sickness), or chemotherapy.

